

# Resource® ThickenUp® Unflavored Canister

## Key Benefits

- Starch-based instant thickener for hot or cold foods and beverages
- Thickens most foods and beverages\*
- Suitable for use with the IDDSI Framework © The International Dysphagia Diet Standardisation Initiative 2019 @<https://iddsi.org/framework>.
- Refer to [www.IDDSI.org](http://www.IDDSI.org) for drink testing methods (2 - Mildly Thick, 3 - Moderately Thick, 4 - Extremely Thick)
- Provides a consistency that meets National Dysphagia Diet (NDD) standards (Nectar-Like, Honey-Like, Pudding-Like)
- Clinically shown to reduce the risk of aspiration in patients with oropharyngeal dysphagia (1)

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

\*Boost Breeze® Nutritional Drink does not thicken when using Resource® ThickenUp®  
1. Clavé P, et al. *Alimentary Pharmacology and Therapeutics*. 2006;24:1385-1394.

## Nutritional Features

	Resource® ThickenUp® Unflavored Canister
kcal/mL	
Caloric Distribution Protein (% of kcal)	Protein 0% Carbohydrate 100% Fat 0%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	0.4
Calcium (mEq)	0
Pottasium (mEq)	0
Chloride (mEq)	0
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

### Fat Source

### Carbohydrate Source

- Modified Cornstarch

### Fiber Source

## Nutritional Applications

- Dysphagia

Important Notes: NOT FOR PARENTERAL USE.  
THIS PRODUCT IS ONLY APPROPRIATE FOR USE IN INDIVIDUALS  
GREATER THAN 3 YEARS OLD.

## Allergens

By Nature:

## Nutrition Facts

### NUTRITION INFORMATION

NUTRIENT COMPOSITION		4.5 g
Calories	kcal	15
Total Fat	g	0
Sodium	mg	10
TOTAL CARBOHYDRATE	g	4
Dietary Fiber	g	0
Sugar	g	0
Protein	g	0
Vitamin D	mcg	0
Calcium	mg	0
Iron	mg	0
Potassium	mg	0
Vitamin A		
Retinol	mcg	
B-Carotene	mcg	
Vitamin C	mg	
Vitamin E	mg	
Vitamin K	mcg	
Thiamin	mg	
Riboflavin	mg	
Niacin	mg	
Vitamin B6	mg	
Folic Acid	mcg	
Vitamin B12	mcg	
Biotin	mcg	
Pantothenic Acid	mg	
Phosphorus	mg	
Iodine	mcg	
Magnesium	mg	
Zinc	mg	
Selenium	mcg	
Copper	mg	
Manganese	mg	
Chromium	mcg	
Molybdenum	mcg	
Chloride	mg	
Choline	mg	
L-Carnitine	mg	
Taurine	mg	
Inositol	mg	
Water	g(mL)	

## Suitable Diets

- Lactose-free
- Kosher

Important Notes:



## Ingredients

MODIFIED CORNSTARCH

## DRI

## Coverage

## Product Codes

	RESOURCE® THICKENUP® Unflavored 12 x 8oz	
NDC-Format Number	43900-0225-10	
Case UPC	10043900225101	
Each UPC	00043900225104	
Product Code	22510000	