

# 250-10-4

*Bariatric Scale with Handrail and Chair Seat  
Software Version 11525*

## Operation Manual



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# Revision History

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This section tracks and describes the current and previous manual revisions for awareness of major updates and when the updates took place.

Revision	Date	Description
D	August 17, 2022	Established a revision history; formatted content to match other medical manuals; software version 11525
E	March 21, 2023	Added assembly instructions

*Table i. Revision Letter History*



Technical training seminars are available through Rice Lake Weighing Systems. Course descriptions and dates can be viewed at [www.ricelake.com/training](http://www.ricelake.com/training) or obtained by calling 715-234-9171 and asking for the training department.

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Rice Lake continually offers web-based video training on a growing selection of product-related topics at no cost. Visit [www.ricelake.com/webinars](http://www.ricelake.com/webinars)

## 1.0 Introduction

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The 250-10-4 bariatric handrail scale with fold down chair seat is designed for weighing bariatrics and ensures sound, accurate weighing information. A non-skid platform paired with side rails assists persons who need extra support and safety. The fold down chair allows patients to sit down while being weighed. The scale is set up to use motion sensing technology, to determine the actual weight of a moving patient. The weight is displayed on the indicator and can be displayed in pounds or kilograms and has a 1,000 lb capacity.



Manuals, resources and warranties are available from Rice Lake Weighing Systems website at [www.ricelake.com/health](http://www.ricelake.com/health)

### 1.1 FCC Compliance

#### United States

This equipment has been tested and found to comply with the limits for a Class A digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference when the equipment is operated in a commercial environment. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instruction manual, may cause harmful interference to radio communications. Operation of this equipment in a residential area is likely to cause harmful interference in which case the user will be required to correct the interference at his own expense.

#### Canada

This digital apparatus does not exceed the Class A limits for radio noise emissions from digital apparatus set out in the Radio Interference Regulations of the Canadian Department of Communications.

Le présent appareil numérique n'émet pas de bruits radioélectriques dépassant les limites applicables aux appareils numériques de la Class A prescrites dans le Règlement sur le brouillage radioélectrique édicté par le ministère des Communications du Canada.

## 1.2 Safety

### Safety Definitions:



**DANGER:** Indicates an imminently hazardous situation that, if not avoided, will result in death or serious injury. Includes hazards that are exposed when guards are removed.



**WARNING:** Indicates a potentially hazardous situation that, if not avoided, could result in serious injury or death. Includes hazards that are exposed when guards are removed.



**CAUTION:** Indicates a potentially hazardous situation that, if not avoided, could result in minor or moderate injury.



**IMPORTANT:** Indicates information about procedures that, if not observed, could result in damage to equipment or corruption to and loss of data.

### General Safety



**Do not operate or work on this equipment unless this manual has been read and all instructions are understood. Failure to follow the instructions or heed the warnings could result in injury or death. Contact any Rice Lake Weighing Systems dealer for replacement manuals.**



#### WARNING

**Failure to heed could result in serious injury or death.**

**Ensure every individual who operates or works with this unit has read and understands all safety information.**

**Do not transport the scale while someone is on the scale.**

**Do not allow minors (children) or inexperienced persons to operate this scale.**

**Do not use in the presence of flammable materials.**

**Do not use this product if any of the components are loose or cracked.**

**Do not use near water.**

**Do not use the scale on slippery surfaces, such as a wet floor.**

**Do not use this scale when a person's body or feet are wet, such as after taking a bath.**

**Do not place fingers into slots or possible pinch points.**

**To avoid cross contamination, the scale should be cleaned regularly.**

**Prior to cleaning, make sure the scale is disconnected from the power source.**

**People with disabilities, or who are physically frail, should always be assisted by another person when using this scale.**



#### IMPORTANT

**Do not drop the scale or subject it to violent shocks.**

**Do not jump on the scale.**

**For accurate weighing, the scale must be placed on a flat, stable surface.**

**Operating at voltages and frequencies other than specified could damage the equipment.**

**Avoid contact with excessive moisture.**

**Do not make alterations or modifications to the scale.**

**Rice Lake Weighing Systems offers optional AC adapters; utilizing an adapter not supplied by Rice Lake Weighing Systems voids all warranties and approvals.**

**Weight exceeding the maximum capacity may damage the scale.**

## 2.0 Assembly

### 2.1 Unpacking

A minimum of two people should transport, unpack and assemble the scale for their own personal safety and to ensure the integrity of the scale. Use caution while removing packaging and unpacking the scale. After unpacking, visually inspect the scale to ensure all components are included and undamaged. If parts were damaged in shipment, notify Rice Lake Weighing Systems and the shipper immediately.

Parts contained in the shipping box include:

- The scale
- This manual
- 6 mm hex wrench
- Six AA non-rechargeable batteries

#### 2.1.1 Repackaging

Retain the packaging for use in the event that the scale must be returned or moved. The product must be properly packed with sufficient packing materials. Whenever possible, use the original carton and packing materials when shipping the scale back.



**IMPORTANT:** Damage caused by improper packaging is not covered by the warranty.

### 2.2 Scale Setup

Use the following steps to set up the bariatric handrail scale with seat.

1. Move the box into the area where the weighing process will occur.



**NOTE:** Place the scale on a hard, level surface for the most accurate weighments. Thin carpeting is acceptable, but not recommended.

2. With two people lifting the scale by its base, remove from packaging.



**IMPORTANT:** Do not lift the scale out of the box by its center rail as this can cause the hinges to break.

3. Gently place the scale platform down to the floor.

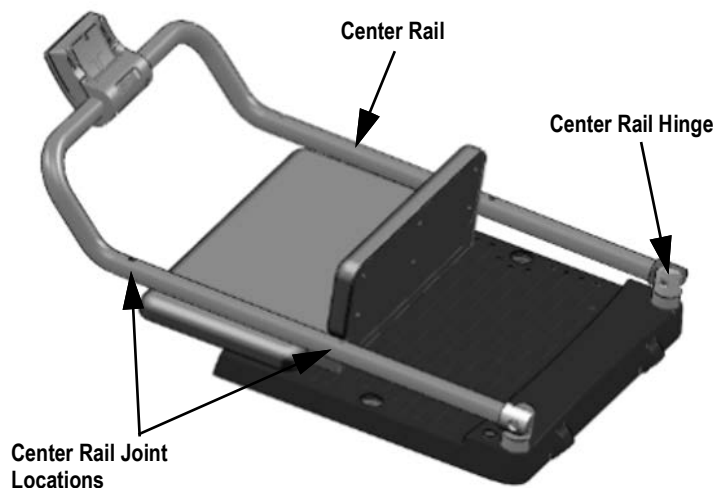


Figure 2-1. Remove the Scale from Packaging

4. Use the supplied hex wrench to loosen the screw on both center rail hinges.
5. Raise the center rail to the upright position.
6. Tighten the screw.

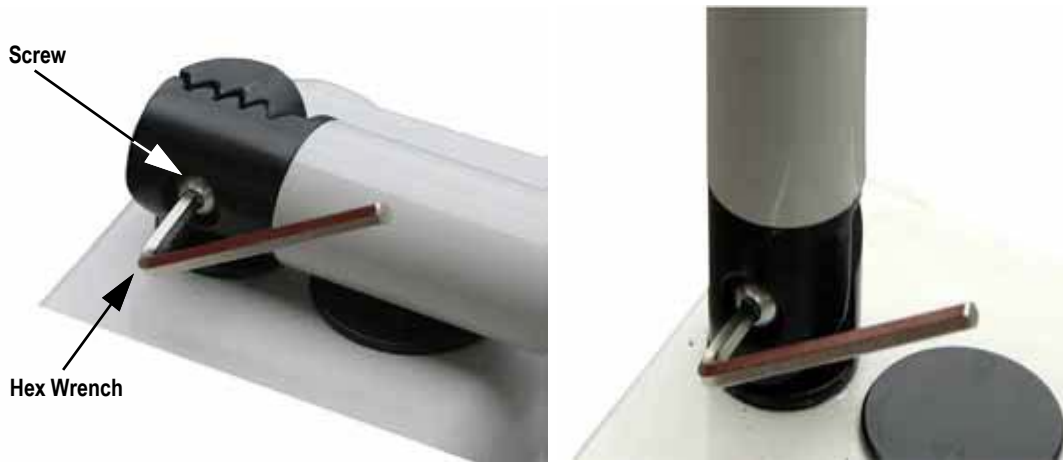


Figure 2-2. Center Rail in Down (left) and Up Position (right)

7. Insert a screw through the center rail joint location.
8. Place the handrail connector over the screw.

**!** **IMPORTANT:** The connector has a narrow and thick side. Ensure the narrow side is facing up when placing the connector over the screw so it lies flush with the center rail.

9. Tighten the screw into the handrail.

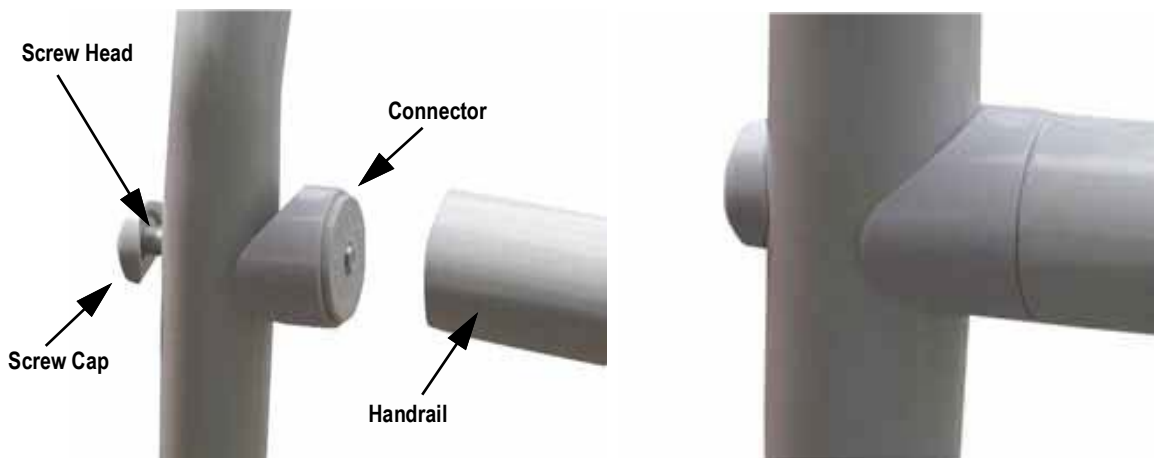


Figure 2-3. Handrail Connector

10. Place screw cap over the screw head.
11. Repeat [Steps 7-10](#) on the other center rail joint locations.
12. Tip the scale back to access underneath the base.
13. Line up the handrail ends with the base screw holes.
14. Install handrail base screws through the base into the handrail.



### 2.2.1 Adjusting Scale Feet

There must be adequate clearance between the scale base and the floor so screw each foot out counterclockwise two full turns. This will ensure that there is enough clearance between the scale base and the floor.

Gently set the scale base down to the floor. There should be minimal clearance between the scale base and the floor without having the scale base actually touching the floor. By not having clearance around the scale base will cause inaccurate weighments.

It's also important to make sure that the scale is completely level. Gently press down on all corners of the scale base to ensure that there are no high spots or rocking of the scale base.

### 2.2.2 Unfold Platform Seat

The 250-10-4 comes with a fold down seat for those patients who need to be weighed while seated. To unfold the seat, simply pull down on the seat bottom as shown in [Figure 2-4](#).



Figure 2-4. Unfolding the Seat

### 2.2.3 Insert Batteries

The six AA batteries supplied with the scale provide an average of 25 hours of continuous use.

To install the batteries:

1. Turn thumbscrew counterclockwise then remove battery cover.
2. Insert batteries into the battery chamber as illustrated.

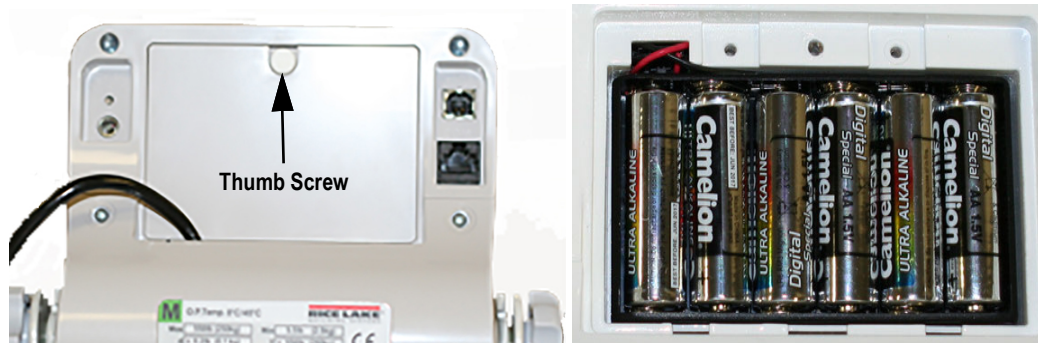


Figure 2-5. Battery Chamber

3. Put the cover in place and turn the thumbscrew clockwise to secure.



**NOTE:** Remove the batteries prior to storing if the product is not going to be used for an extended period of time.



**NOTE:** If the LO BAT indicator activates, for accurate weighing, replace the batteries or connect the scale to an AC power source as soon as possible.

### 2.2.4 Power Connection

An optional AC power adapter can be used when a power outlet is available.



**IMPORTANT:** Only use power adapters supplied by or purchased from Rice Lake Weighing Systems. The use of a power adapter not from Rice Lake Weighing Systems voids the warranty.



Figure 2-6. Power Connection Site



**NOTE:** The battery annunciator on the display turns off when using an AC power connection. The brightness of the backlight is reduced to 60% when using battery power.

## 3.0 Operation

This section describes the front panel and includes procedures for operation of the scale.



Figure 3-1. Front Panel Keypad

### 3.1 Key Descriptions

The display has 10 front panel keys. Key functions are described in the table below.

**IMPORTANT:** The front panel keys are very sensitive, so only a gentle press is required.














Key	Name	Function
 On/Off	On/Off	Powers the scale on or off
 Print LB/KG	Print LB/KG	Sends data out from the RS-232 port; Allows to toggle between kilograms and pounds providing that it is enabled in <b>Configuration</b> mode; Cannot toggle while in the <b>BMI</b> mode
 Zero	Zero	Only functions if the current weight is stable and less than 2% of the capacity of the scale. Anything over 2% requires a recalibration
 Hold Release	Hold Release	Displays most current weight value on the display and holds that value when the patient is off the scale. A second press releases the weight value. Not active while in <b>BMI</b> mode
 BMI	BMI	Pressing the <b>BMI</b> key enables access to the BMI (Body Mass Index) mode (defaults when scale is turned on). The patient is gets on the scale, weight stabilizes and press the <b>BMI</b> key. The display then asks for the patient height to calculate out the patient BMI.
 TARE	TARE	Used to remove the weight initially of anything on the scale that shouldn't be included in the total weight of the patient on the scale
 CLEAR	CLEAR	When using the BMI function, the display looks for a height entry. Pressing <b>Clear</b> changes this entry back to 190.0 cm (default) or 5 ft, 7.5 in. Once BMI is displayed, pressing the <b>Clear</b> key exits BMI
 ENTER	ENTER	Used to accept height in <b>BMI</b> mode; accepts the value of the parameter last entered and moves to the next stage. Pressing and holding Enter during startup will display ID. This is the first setup on entering into configuration mode
 Up Arrows	Up Arrows	Adjusts the value of the flashing digit/number Adjusts height input (0.5 in/0.5 cm) while in <b>BMI</b> mode
 Down Arrows	Down Arrows	Adjusts the value of the flashing digit/number Adjusts height input (0.5 in/0.5 cm) while in <b>BMI</b> mode

Table 3-1. Key Functions




## 3.2 Weighing



Use the following steps to weigh.

1. Press  to turn on the scale. **0.0** appears on the display along with the **ZERO** annunciator.
2. Place the patient on the scale. The patient's weight is displayed, the **LOCK** annunciator is on and the indicator beeps to indicate the end of the weighing process.
3. Press  to change the display from lb to kg and vice-versa.
4. Press and hold  until **OFF** displays to turn off the scale.

## 3.3 Hold/Release Function

Use the following steps to use the Hold/Release function.



1. Press  to turn on the scale. **0.0** prompts along with **ZERO** on the display.
2. Press  once the patient's weight stabilizes. The patient's weight and the **HOLD** and **LOCK** annunciators remain on the display when the patient is off the scale.
3. Press  again to return the scale to zero.

 **NOTE:** Pressing  will not work while using Hold/Release function.


 **NOTE:** Pressing  prior to the patient getting on the scale will also hold the weight display.


## 3.4 Preset Tare

Use the following steps for the Preset Tare function prior to patient weighing if additional items are being used by the patient.

1. Press  to turn on the scale. **0.0** appears on the display along with the **ZERO** annunciator.
2. Place additional item(s) on the scale.
3. Press  until the display returns to **0.0** and **NET** annunciator appears on the display.
4. Remove additional item(s) from the scale. The weight displays with a negative symbol to the left of it.





 **NOTE:** Not removing the additional item(s) prior to patient weighing will also work.

5. Position the patient and additional item(s) on the scale. The display identifies the patient weight. The **NET** annunciator is still active. The weight of the additional item(s) remains stored in memory for the duration of this weigh in.
6. To cancel the tare weight, remove patient from the scale and press  until **NET** disappears from the display and the display turns back to **0.0** and **GROSS** appears.

 **NOTE:** Tare weight is also canceled when the scale is turned off.

## 3.5 Toggle Tare






Use the following steps to use the Toggle Tare function when the additional item to be weighed is known.

1. Press  when the scale is empty and **0.0** displays. The default values prompts while **0.0** is flashing on the display (default is programmed to be 33.0 lb/15.0 kg).
2. Use  and  to adjust the value. Press  to start the tare function. The **NET** annunciator turns on instead of the **GROSS** annunciator.






## 3.6 Using the Body Mass Index (BMI) Function

Use the following steps in determining the BMI.

### 3.6.1 LB Mode

1. Ensure that the scale is at zero.
2. Place the patient on the scale to obtain a weight. The **LOCK** annunciator appears on the display.
3. Press . The **BMI** and **FT/IN** annunciators appear on the display and a default height value of 5 feet - 7.5 inch (5 - 07.5) is flashing.
4. Use  and  to adjust the height value.
5. Press .
6. The BMI value and **BMI** annunciator are shown on the display. Press  to return to the **Weighing** mode and the BMI function will be turned off.

### 3.6.2 KG Mode

1. Ensure that the scale is at zero.
2. Place the patient on the scale to obtain a weight. The **LOCK** annunciator appears on the display.
3. Press . The **BMI** and **CM** annunciators appear on the display and a default height value of 170.0 cm (170.0) is flashing.
4. Use  and  to adjust the height value.
5. Press .
6. The BMI value and **BMI** annunciator are shown on the display. Press  to return to the **Weighing** mode and the BMI function will be turned off.

## 3.7 Troubleshooting

Refer to the following table to check and correct any failure before contacting service personnel.

Symptom	Possible Cause	Corrective Action
Scale does not turn on	Dead batteries	Replace batteries or connect to AC power
	Faulty electrical outlet	Use a different electrical outlet
	Bad power supply	Replace adapter
Questionable weight or the scale does not zero	External object is interfering with the scale	Remove the interfering object from the scale
	Display did not show 0.0 before weighing	Help the patient off the scale, zero the scale and begin the weighing process again
	Scale is not placed on a level floor	Ensure scale is level and begin the weighing process again
	Scale is out of calibration	Check the weight with a certified calibration weight
	Scale base is touching floor during a weighment	Adjust height of feet so fingers can slide between the base of scale and the floor all the way around the platform
The display shows a <b>STOP</b> message	The load on the scale exceeds the capacity of the scale	Remove the excess weight and use the scale according to manufacture specifications
The display shows <b>LO Bat</b> message	The battery is low	Replace batteries
The display shows E and Err messages as detailed below		
E06	Identifier - ADC	AD too high
E07		AD too low
E10	Overload	Scale has been overloaded. Remove load from scale
E4L	BAT	Battery low, but still usable- one bar left on indicator display
E4U		Battery low and unstable - no bars left on indicator display
E11	CAL	Calibration Error - recalibrate scale
Err 1	Load cell cable may be plugged into wrong connection port	Ensure cable is connected to the load cell connection port. <b>Note:</b> Load cell connection point is located underneath the curved plastic cover of the indicator. Remove four back retaining screws, remove curved back cover to access load cell connection point.
Err 2	Low saturation state (low A/D)	The load cell is not connected properly; Check the cables and mechanical connections; if the problem persists, replace the set of load cells
Err 3	High saturation state (high A/D)	See Err 2
Err 6	Unstable weight; Cannot calibrate	Check the load cell mechanical surroundings and ensure nothing is contacting the load cell and that the cables are properly welded
Err 7	Scale isn't moving	Make sure feet are installed on the scale. Turn the feet all the way in and then back them out three full turns, then level the scale
SAT	Damaged load cell cable	Replace load cell cable
	Load cell cable may be plugged into wrong connection port	Ensure cable is connected to the load cell connection port. <b>Note:</b> Load cell connection point is located underneath the curved plastic cover of the indicator. Remove four back retaining screws, remove curved back cover to access load cell connection point.

Table 3-2. Troubleshooting Table

## 4.0 Communication

The unit comes with an RS-232 port that enables weight data to be transmitted to other equipment, such as a computer or printer. The RS-232 cable with DB-9 connector (PN 100719) is available from Rice Lake Weighing Systems. That connection is shown in USB Connection section on the next page.


The RS-232 parameters are:

- 9600 baud (selectable in the programming mode)
- 8 data bits
- 1 stop bit
- no parity
- no handshaking

There are three methods of communication:

- Push-button keypad print
- Standard remote protocol
- Escape protocol

### 4.1 Push-button Keypad Print

With a stable, in-range weight, press and hold  for at least three seconds, or until the scale emits two quick beeps.



**NOTE:** If the scale does not beep after five seconds, release  as the weight was either in motion or out of range.

If displaying weight and not BMI, the scale will send out the following 21 character string:

```
xxxxxxxx<SP>uu<SP>mmmm<SP><CR><LF>
```

Token	Description
xxxxxxxx	Weight with decimal point and “-” sign
<SP>	Space
uu	Unit - lb or kg
mmmm	Mode - gross or net
<CR>	Carriage return
<LF>	Line feed (moves cursor down to the next line)

Table 4-1. Print Format Tokens

Example:

```
-10 Lb net = <SP><SP><SP><SP>-10.0<SP>lb<SP><SP>Net<SP><SP><SP><CR><LF>
```

```
10 Lb gross = <SP><SP><SP><SP><SP>10.0<SP>lb<SP>Gross<SP><CR><LF>
```

- The scale will send out the following data while in **BMI** mode (displaying the BMI value):

Setting	Value
Gross Weight	215 lb
Tare Weight	0.0 lb
Net Weight	215 lb
Patient Height	6-01.0 ft
Patient BMI	28.4

Table 4-2. BMI Data

## 4.2 USB Connection

The scale has the capability of connecting to a Windows® computer (PC) using a USB cable (not included) and a terminal emulation program. A terminal emulation program allows the transfer of data between the scale and PC using a serial port.



Figure 4-1. Connection Ports

**NOTE:** Apple® and Macintosh® computers are unable to transfer the necessary data to the scale. Only use a PC for data transfer.

Connecting software and downloads should always be addressed by the IT department for safety reasons and can vary depending on what type of computer platform is being used.

**NOTE:** Consult the IT department if driver protections are preventing the use of the USB driver. Driver protections may need to be temporarily disabled on Windows 10 or later computers to allow for the installation of the USB driver.

1. Connect the scale's indicator to a PC using a USB-Type B to USB-Type A cable (not included).
2. Turn the indicator on.

**NOTE:** In most cases, the PC should find the driver and automatically configure the driver when the scale is plugged into a USB port.

3. Open a terminal emulation program, such as Advanced Serial Port Terminal, pUttY or Hercules (used in this example).
4. Connect to the serial port assigned by the PC (COM5 in example). This can be found in Device Manager. Once selected, press **Open**.

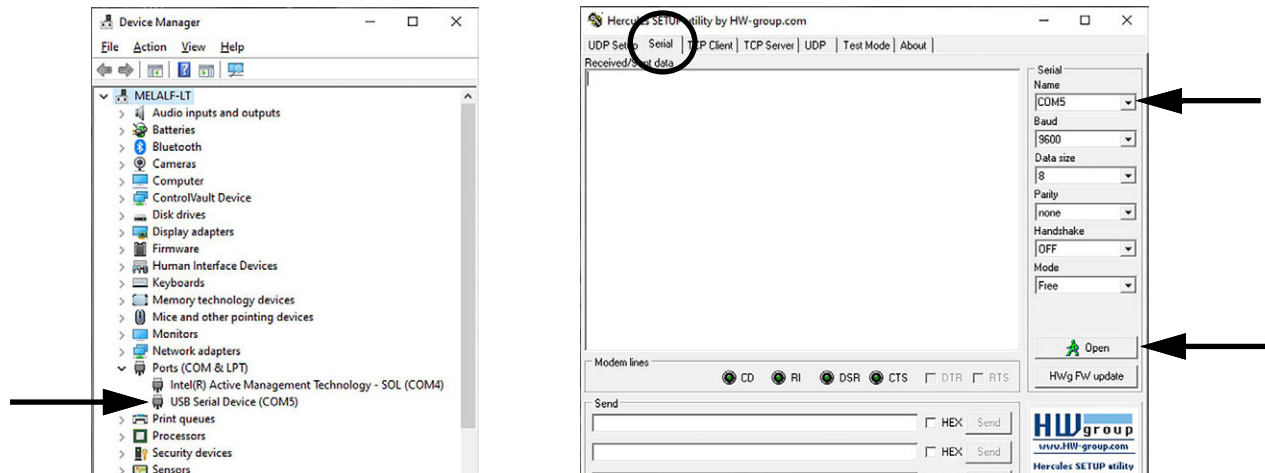


Figure 4-2. Connecting to a Serial Port

5. With weight on the scale, press and hold the **Print** button on the indicator for three seconds. The patient's weight is sent to the PC.

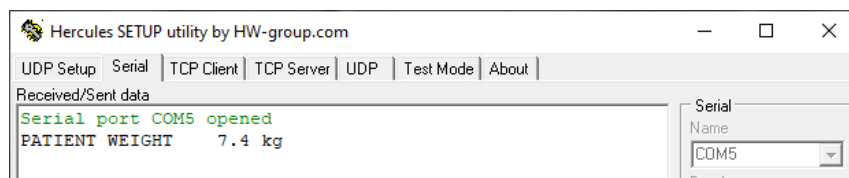


Figure 4-3. Patient Weight Displayed



## 5.0 Maintenance

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The following section provides instructions for maintaining and cleaning the unit.



**IMPORTANT:** Do not immerse the scale in cleaning or other liquid solutions.  
Do not use Isopropyl alcohol or other solutions to clean the indicator display surface.

### 5.1 Basic Maintenance

Before the first use of the scale and after periods of non-use, check the scale for proper operation and function. If the scale does not operate correctly, contact a qualified service personnel.

Go through the following steps for basic maintenance.

- Check the overall appearance of the entire scale for any obvious signs of damage
- Inspect the condition of the AC power adapter cord for cracking, fraying or for broken or bent prongs

### 5.2 Cleaning

Proper care and cleaning is essential to ensure a long life of accurate and effective operation. Before beginning the cleaning process, disconnect the scale from the AC power source.

- Clean all external surfaces with a clean, damp cloth or tissue. Mild soap and water solution may be used. Dry with a clean soft cloth
- Do not immerse the scale into cleaning or other liquid solutions
- Do not use Isopropyl alcohol or other solutions to clean the display surface

## 6.0 Specifications

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### Capacity

1,000 × 0.2 lb (450 × 0.1 kg)

### Platform Dimensions

(W × L × H)

20 × 25 × 3 in

### Power

9 VDC, provided by six AA alkaline batteries (included) or AC adaptor (optional)

### Battery Type

Six AA alkaline (included)

### Battery Use

25 hours continuous use with batteries  
Automatic power-off can be configured

### Operating Temperature

50 °F to 104 °F (10 °C to 40 °C)

### Display

5-digit LCD display, 0.75 in (1.9 cm) digit height

### Warranty

Two-year limited

### Approvals



E 113986





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