

hand and finger exercisers

flexion for individual fingers and the entire hand!

exercise

CanDo® Via™ exerciser

perfect for patient give-aways

- soft finger pads and palm rest
- ergonomic design
- non-intimidating design appeals to children and seniors



set of 5 with metal stand shown



		force to compress					
		finger / hand (lb)					
yellow	x-light	1.0 / 4.0	10-0735	15.00			
red	light	2.5 / 10.0	10-0736	15.00			
green	medium	4.0 / 16.0	10-0737	15.00			
blue	heavy	5.5 / 22.0	10-0738	15.00			
black	x-heavy	7.0 / 28.0	10-0739	15.00			
yel	red	grn	blu	blk	set (1 ea)	10-0734	70.00
yel	red	grn	blu	blk	set w/plastic stand	10-0733	92.50
yel	red	grn	blu	blk	set w/metal stand	10-0729	107.50

CanDo® Pro™ exerciser

for larger hands

for sports medicine

for athletic training

- larger body
- heavier tensions
- soft finger pads
- contoured palm rest



set of 5 with plastic stand shown



		force to compress					
		finger / hand (lb)					
yellow	x-light	3.0 / 12.0	10-0835	25.00			
red	light	5.0 / 20.0	10-0836	25.00			
green	medium	7.0 / 28.0	10-0837	25.00			
blue	heavy	9.0 / 36.0	10-0838	25.00			
black	x-heavy	11.0 / 44.0	10-0839	25.00			
yel	red	grn	blu	blk	set (1 ea)	10-0834	117.50
yel	red	grn	blu	blk	set w/plastic stand	10-0833	140.00
yel	red	grn	blu	blk	set w/metal stand	10-0832	155.00

CanDo® VariGrip® exerciser

individual adjustable finger pads

- tension for each finger can be individually adjusted with "thumb screw" upward from lower to higher
- palm rest doubles as "full-hand" topper
- soft finger pads and palm rest



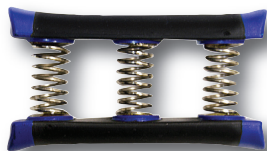
adjusts easily by turning thumb screw



		min strength		max strength			
		finger / hand (lb)		finger / hand (lb)			
yellow	x-light	1.0 / 4.0	1.5 / 6.0	10-0540	22.50		
red	light	2.5 / 10.0	3.0 / 12.0	10-0541	22.50		
green	medium	4.0 / 16.0	5.0 / 20.0	10-0542	22.50		
blue	heavy	5.5 / 22.0	7.0 / 28.0	10-0543	22.50		
black	x-heavy	7.0 / 28.0	9.0 / 36.0	10-0544	22.50		
yel	red	grn	blu	blk	set (1 ea)	10-0545	105.00
yel	red	grn	blu	blk	set w/plastic stand	10-0546	125.00
yel	red	grn	blu	blk	set w/metal stand	10-0547	142.50

big grip

- exercise grip requires flexion to fully compress



force to compress

	lb	
10-0791	10	12.50
10-0792	15	12.50
10-0793	30	12.50
10-0794	60	12.50
10-0790	set of 4	47.50

graded pinch exerciser

- improve pinch strength and coordination
- includes 5 sets of color-coded graded resistance pinchpins, three horizontal rods, and a vertical rod for shoulder ROM exercise



complete set 10-0840 set / 35 pins 240.00

replacement pinchpins (7 each)

		force to pinch (lb)	
yellow	10-0841	1	25.00
red	10-0842	2	25.00
green	10-0843	4	25.00
blue	10-0844	6	25.00
black	10-0845	8	25.00

6-spring hand grip

- vary tension by using up to six springs
- use for finger, hand, and forearm exercises



10-0801 spring grip, each 12.50

power hand grip

- adjustable grippers



pro grip 25 settings from 5-150 lb
10-0815 pro 35.00

deluxe grip 15 settings from 10-100 lb
10-0813 deluxe 32.50

adjustable grip 10 settings from 5-50 lb
10-0816 adjustable 27.50