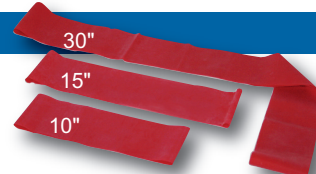


CanDo® exercise loops

- made from high quality latex exercise band pre-formed into a loop
- available in 3 lengths to perform upper, lower and full body exercises
- lengths represent loop when flat
- loops are 3" wide
- **FULL BODY SETS** contain 10", 15" and 30" loop for total body workout
- black, silver and gold only offered on CanDo®



10" loop is equivalent to 20" of flat band folded and tied together



10" loop (upper body)



30" loop (full body)



15" loop (lower body)

		each			set				
		10" loop	15" loop	30" loop	full body set				
yellow	x-light	10-5251	3.25	10-5261	4.25	10-5291	5.25	10-5841	12.75
red	light	10-5252	4.00	10-5262	5.00	10-5292	6.00	10-5842	15.00
green	medium	10-5253	4.75	10-5263	5.75	10-5293	6.75	10-5843	17.25
blue	heavy	10-5254	5.50	10-5264	6.50	10-5294	7.50	10-5844	19.50
black	x-heavy	10-5255	6.25	10-5265	7.25	10-5295	8.25	10-5845	21.75
silver	xx-heavy	10-5256	7.00	10-5266	8.00	10-5296	9.00	10-5846	24.00
gold	xxx-heavy	10-5257	7.75	10-5267	8.75	10-5297	9.75	10-5847	26.25
yel red grn	set (1 ea)	10-5259	22.50	10-5269	25.00	10-5299	30.00	10-5849	80.00
blu blk									

		bulk packaging (10 pack)					
		10" loop		15" loop		30" loop	
yellow	x-light	10-5251-10	30.00	10-5261-10	40.00	10-5291-10	50.00
red	light	10-5252-10	37.50	10-5262-10	47.50	10-5292-10	57.00
green	medium	10-5253-10	45.00	10-5263-10	55.00	10-5293-10	64.00
blue	heavy	10-5254-10	52.50	10-5264-10	62.50	10-5294-10	71.00
black	x-heavy	10-5255-10	60.00	10-5265-10	70.00	10-5295-10	78.00
silver	xx-heavy	10-5256-10	67.50	10-5266-10	77.50	10-5296-10	85.00
gold	xxx-heavy	10-5257-10	75.00	10-5267-10	85.00	10-5297-10	92.00
yel red grn	set (1 ea)	10-5259-10	212.50	10-5269-10	257.50	10-5299-10	302.50
blu blk							

CanDo® adjustable exercise bands

- the resistance of each band can be increased or decreased by adjusting length of band
- "Quick-attachment" hooks attach to the "D-ring"
- attach to any fitness equipment, door, etc. for full upper or lower body workout
- adjustable bands have adjustment clips and hooks



3 band kit shown

adjustable band kits

kits contain: bands, 2 handles, 1 anchor strap, 1 exercise booklet and carrying bag

10-3233	2 band easy	yel red	20.00
10-3234	2 band moderate	grn blu	20.00
10-3232	3 band	yel red grn	22.50
10-3231	4 band	yel red grn blu	25.00
10-3230	5 band	yel red grn blu blk	27.50

additional bands

		each	bulk (10 pack)		
yellow	x-light	10-3201	3.50	10-3201-10	30.00
red	light	10-3202	3.75	10-3202-10	32.50
green	medium	10-3203	4.00	10-3203-10	35.00
blue	heavy	10-3204	4.25	10-3204-10	37.50
black	x-heavy	10-3205	4.50	10-3205-10	40.00

CanDo® adjustable band accessories with D-ring

10-3220	handle (pair)	7.50
10-3221	leg attachment strap (25"), each	10.00
10-3222	anchor strap (16"), each	7.50

Thera-Band® exercise loops

- "lay flat lengths" of 8", 12", and 18" can be used to support a broad range of upper and lower body exercises
- looped bands have same resistance level per color as a single length of Thera-Band® exercise band tied in a loop
- each loop is 3" wide



		8" loop		12" loop		18" loop	
yellow	x-light	10-1931	4.00	10-1941	5.00	10-1951	6.00
red	light	10-1932	4.75	10-1942	5.75	10-1952	6.75
green	medium	10-1933	5.50	10-1943	6.50	10-1953	7.50
blue	heavy	10-1934	6.25	10-1944	7.25	10-1954	8.25

Exercise band is made of natural rubber latex, which may cause allergic reactions. • Thera-Band® colors licensed by Goldberg from Hygenic Corp. without endorsement

exercise