






CAN DO® Rollers

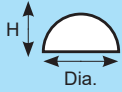
- Perfect for positioning, balancing, coordination, range-of-motion and strengthening rehabilitation activities
- Use to massage muscles and release muscle tightness
- Available in round and half-round options



					
	White Foam Rollers	Black Composite Rollers	EVA Foam Rollers	Plus Foam Rollers	Blue Foam Rollers
Foam	polyethylene (PE); industry standard	molded composite EPP foam	EVA foam	polyethylene (PE)	polyethylene (PE)
Density	moderate; 2 lb density	firm	extra firm, yet feels soft to touch	moderate	moderate
Diameter	Slim™ 3", 4", 6", Jumbo™ 8"	6"	6"	6"	6"
Length	12", 18", 24", 30", 36", 48"	12", 18", 36"	12", 36"	12", 18", 36"	12", 36"
Shape	round; half round	round; half round	round; half round	round	round; half round
Finish	standard white	molded black	mottled blue	gray; rounded edges	blue
Use	gentle massage; exercise; relaxation	deep massage; exercise; stretching	massage; stretching	gentle massage; exercise; relaxation	gentle massage; exercise; relaxation
User	beginner; intermediate; advanced	intermediate; advanced	intermediate; advanced	beginner; intermediate; advanced	beginner; intermediate; advanced

					
	Plus Antimicrobial Foam Rollers	Tufcoat® Foam Rollers	Full-Skin Extruded Foam Rollers	Premium 2-layer Foam Rollers	Inflatable Rollers
Foam	polyethylene (PE); antimicrobial additive	polyethylene (PE) with Tufcoat® finish	polyethylene (PE)	polyethylene (PE)	foam-free
Density	moderate	firm	moderate	choose firmness: x-soft, medium, or x-firm	inflate or deflate to adjust firmness
Diameter	6"	4"	6"	6"	7", 9"
Length	12", 36"	12", 36"	12", 36"	15", 30"	17", 30", 28"
Shape	round; half round	round; half round	half round	round	round
Finish	brown tint	smooth blue coating	full skin	color coded firmness: yellow, green, black	ribbed, non slip surface
Use	gentle massage; exercise; relaxation	deep massage; exercise; stretching	balance and core exercises; rehabilitation; stretching	exercise; massage; stretching; rehabilitation	exercise; stretching; rehabilitation
User	beginner; intermediate; advanced	intermediate; advanced	beginner; intermediate; advanced	beginner; intermediate; advanced	beginner; intermediate; advanced

Half-Round



8" roller	4"H x (8" Dia.)
6" roller	3"H x (6" Dia.)
4" roller	2"H x (4" Dia.)

Round



8" roller	8" diameter
6" roller	6" diameter
4" roller	4" diameter

Black Composite Foam Rollers

half-round	dia x L	round	dia x L
30-2290	6" x 36"	30-2280	6" x 36"
30-2292	6" x 18"	30-2282	6" x 18"
30-2291	6" x 12"	30-2281	6" x 12"

Buy by the case and save

30-2290-24	6" x 36"	30-2280-12	6" x 36"
30-2291-72	6" x 12"	30-2281-36	6" x 12"

White Foam Rollers

6" half-round	dia x L	6" round	dia x L
* 30-2110	6" x 36"	* 30-2100	6" x 36"
* 30-2111	6" x 12"	* 30-2101	6" x 12"
30-2118	6" x 48"	30-2108	6" x 48"
30-2143	6" x 30"	30-2140	6" x 30"
30-2144	6" x 24"	30-2141	6" x 24"
30-2145	6" x 18"	30-2142	6" x 18"

*Most popular sizes

Buy by the case and save

30-2110-24	6" x 36"	30-2100-12	6" x 36"
30-2111-72	6" x 12"	30-2101-36	6" x 12"

8" half-round	dia x L	8" round	dia x L
30-2270	8" x 36"	30-2260	8" x 36"
30-2271	8" x 12"	30-2261	8" x 12"

4" half-round	dia x L	4" round	dia x L
30-2112	4" x 36"	30-2102	4" x 36"
30-2113	4" x 12"	30-2103	4" x 12"

3" half-round	dia x L	3" round	dia x L
30-2116	3" x 36"	30-2106	3" x 36"
30-2117	3" x 12"	30-2107	3" x 12"

Blue Foam Rollers

half-round	dia x L	round	dia x L
30-2152	6" x 36"	30-2150	6" x 36"
30-2153	6" x 12"	30-2151	6" x 12"

PLUS Foam Rollers

round	dia x L	case quantity
30-2500	6" x 36"	30-2500-12 12/cs
30-2501	6" x 18"	30-2501-24 24/cs
30-2502	6" x 12"	30-2502-36 36/cs

EVA Foam Rollers

half-round	dia x L	round	dia x L
30-2210	6" x 36"	30-2200	6" x 36"
30-2211	6" x 12"	30-2201	6" x 12"

Tufcoat® Foam Rollers

half-round	dia x L	round	dia x L
30-2245	4" x 36"	30-2235	4" x 36"
30-2246	4" x 12"	30-2236	4" x 12"

Plus Antimicrobial Foam Rollers

half-round	dia x L	round	dia x L
30-2332	6" x 36"	30-2330	6" x 36"
30-2333	6" x 12"	30-2331	6" x 12"

Full-Skin Extruded Rollers

half-round	dia x L
30-2340	6" x 36"
30-2341	6" x 12"



Premium 2-Layer Foam Rollers

firmness	6" dia x 30"L	6" dia x 15"L
yellow x-soft	30-2390	30-2395
green medium	30-2392	30-2397
black x-firm	30-2394	30-2399

Inflatable Rollers

dia x L
30-2082 7"D x 17"L - green
30-2080 7"D x 30"L - blue
30-2081 9"D x 28"L - black

