

Boost® Nutritional Pudding Vanilla

Key Benefits

- Nutritional pudding with 230 nutrient-rich calories per 5 oz cup
- 7 g high-quality protein
- 24 vitamins and minerals
- Creamy pudding provides texture variety

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutritional Features

	Boost® Nutritional Pudding Vanilla
kcal/mL	1.6
Caloric Distribution Protein (% of kcal)	Protein 12% Carbohydrate 56% Fat 32%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	5
Calcium (mEq)	13
Potassium (mEq)	6
Chloride (mEq)	
NPC:N Ratio	179:1
MCT:LCT Ratio	
n6:n3 Ratio	7:1
Free Water (%)	65
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Milk Protein Concentrate
- Calcium Caseinate (Milk)
- Sodium Caseinate (Milk)

Fat Source

- Canola Oil
- High Oleic Sunflower Oil
- Corn Oil

Carbohydrate Source

- Maltodextrin
- Sugar
- Modified Cornstarch

Fiber Source

Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- Reduced appetite
- Fluid restriction
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk

Nutrition Facts

NUTRITION INFORMATION

NUTRIENT COMPOSITION		5oz	100mL
Calories	kcal	230	
Total Fat	g	8	
Sodium	mg	115	
TOTAL CARBOHYDRATE	g	32	
Dietary Fiber	g	0	
Sugar	g	14	
Protein	g	7	
Vitamin D	mcg	2	
Calcium	mg	250	
Iron	mg	2.7	
Potassium	mg	250	
Vitamin A			
Retinol	mcg		
B-Carotene	mcg		
Vitamin C	mg	36	
Vitamin E	mg	10	
Vitamin K	mcg	20	
Thiamin	mg	0.2	
Riboflavin	mg	0.3	
Niacin	mg	3	
Vitamin B6	mg	0.4	
Folic Acid	mcg	80	
Vitamin B12	mcg	1.2	
Biotin	mcg	45	
Pantothenic Acid	mg	1.5	
Phosphorus	mg	250	
Iodine	mcg	23	
Magnesium	mg	60	
Zinc	mg	3	
Selenium	mcg	11	
Copper	mg	0.3	
Manganese	mg	0.4	
Chromium	mcg	18	
Molybdenum	mcg	11	
Chloride	mg		
Choline	mg	20	
L-Carnitine	mg		
Taurine	mg		
Inositol	mg		
Water	g(mL)	93	

Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten Free
- Kosher

Important Notes:

Ingredients

WATER, MALTODEXTRIN, SUGAR, VEGETABLE OIL (CANOLA, HIGH OLEIC SUNFLOWER, CORN), MILK PROTEIN CONCENTRATE, MODIFIED CORNSTARCH, AND LESS THAN 2% OF CALCIUM CASEINATE, SODIUM CASEINATE, POTASSIUM CITRATE, MAGNESIUM PHOSPHATE, CALCIUM PHOSPHATE, SODIUM STEAROYL LACTYLATE, NATURAL AND ARTIFICIAL FLAVOR, SODIUM POLYPHOSPHATE, POTASSIUM CHLORIDE, SODIUM ASCORBATE, SALT, CARRAGEENAN, CHOLINE CHLORIDE, DL-ALPHA TOCOPHERYL ACETATE, SODIUM PHOSPHATE, STEVIA LEAF EXTRACT (SWEETENER), FERRIC PYROPHOSPHATE, ASCORBIC ACID, ZINC SULFATE, FERROUS SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, COPPER SULFATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, BETA-CAROTENE, VITAMIN A PALMITATE, FOLIC ACID, BIOTIN, CHROMIUM CHLORIDE, POTASSIUM IODIDE, VITAMIN K1, SODIUM SELENITE, SODIUM MOLYBDATE, VITAMIN D3, VITAMIN B12

DRI

Coverage

Product Codes

	Boost® Nutritional Pudding Vanilla 48 x 5 oz
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