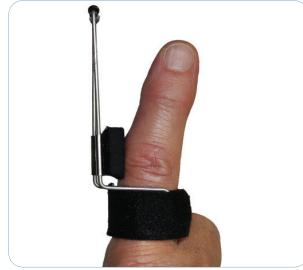


## Applying the 3pp Side Step Splint

### To Reduce PIP (Middle Joint) Deviation



Wrap the strap around the finger and secure the hook tab.



Move the slide to rest against the PIP (middle) joint.



Slide the loop strap between the wires and slip the loop on the finger. To treat the PIP (middle) joint, place the strap around the DIP (end) joint.



Wrap the strap around wire and apply gentle tension to correct joint position.

### To Reduce DIP (End Joint) Deviation



To treat the DIP (end) joint, place the strap around the fingertip.



Wrap the strap around wire and apply gentle tension to correct joint position.

### Suggested wearing schedule

The 3pp Side Step Splint is a static progressive orthosis and is designed for the wearer to adjust the tension to tolerance.

The recommended wearing schedule is 15-20 minutes, 3-4 times a day. The splint can be adjusted throughout the wearing period to hold the joint comfortably at end range.

## Side Step FAQ's

### Will this splint work on a fixed deformity?

The DIP or PIP joint must demonstrate some passively correctable range of motion with a soft or spongy end feel. This splint is not recommended for joints with a rigid or bony end feel.

### Can I use the Side Step Splint on the thumb?

The Side Step Splint is not recommended to correct thumb MCP or IP deviation.

### What can I suggest my patient use to maintain the corrections once the joint can be straightened?

As the wearer is weaning from the splint, it's recommended they continue with nighttime wear until the joint holds the correction. An Oval-8 Finger Splint can be worn as needed to maintain the correction. Oval-8 splints can be heat adjusted to accommodate up to 15 or 20 degrees of deviation, but not beyond that.

### To Order from 3-Point Products

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