## **Carpal Gel Wrist Support**

## **APPLICATION INSTRUCTIONS**

Warning: Do not place gel pad on an open wound. If you experience skin irritation, pain or discomfort while using this product, remove immediately and consult your healthcare provider.

The use of this product will not prevent injury.

Note: Plastic stay may be removed if advised by healthcare provider.



Release all hook and loop closures. Remove the protective plastic sheet from the gel pad. Position gel pad so it aligns with curvature of the palm/wrist area.



Wrap wrist strap snugly around wrist and fasten hook to wrist support.



Pull thumb strap between thumb and forefinger. Fasten hook to wrist support.



6001 SW Sixth Avenue Suite 101 Topeka, KS 66615-1004 Phone: 800-279-3863, 785-862-1100 e-mail: office@us.LRMed.com Website: www.lohmann-rauscher.us

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- Do not remove gel pad.
- Hand wash in warm water. Do not use soap.
- Air dry. Do not tumble dry.
- Do not bleach, do not iron, do not dry clean,

Sprinkle pad with talcum powder if gel becomes tacky.