

CanDo® vinyl-coated cast-iron dumbbells

- vinyl-coated, color-coded cast iron dumbbells are ideal for upper body exercise
- coating gives weight comfortable feel and will not scratch floor
- vinyl-coated dumbbells are easy to clean
- vibrant color weights are clearly marked in lb and kgs



	lb ea	kg ea	each		pair		weight sets	
pink	1	0.45	10-0550-1	2.50	10-0550-2	4.75	economy set (10 pieces)	
purple	2	0.91	10-0551-1	5.00	10-0551-2	9.50	2 ea: 1 through 5 lb	
green	3	1.36	10-0552-1	7.50	10-0552-2	14.25	10-0563	economy 71.25
lt. blue	4	1.81	10-0553-1	10.00	10-0553-2	19.00	10-0564	with wall rack 155.00
blue	5	2.27	10-0554-1	12.50	10-0554-2	23.75	10-0578	with floor rack 166.25
red	6	2.72	10-0555-1	15.00	10-0555-2	28.50	standard set (20 pieces)	
purple	7	3.18	10-0556-1	17.50	10-0556-2	33.25	2 ea: 1 through 10 lb	
black	8	3.13	10-0557-1	20.00	10-0557-2	38.00	10-0565	standard 261.25
yellow	9	4.08	10-0558-1	22.50	10-0558-2	42.75	10-0566	with 2 wall racks 430.00
orange	10	4.54	10-0559-1	25.00	10-0559-2	47.50	10-0579	with floor rack 357.50
silver	15	6.80	10-0560-1	37.50	10-0560-2	71.25		
brown	20	9.07	10-0561-1	50.00	10-0561-2	95.00		

CanDo® dumbbell weight racks



wall rack (holds 10 each)

- includes mounting hardware
- 3"W x 3"D x 48"H

10-0575 wall rack 90.00

floor rack (holds 10 pairs)

- 20"L x 20"W x 28"H

10-0577 floor rack 100.00

wall rack



floor rack

- mobile studio rack has locking casters
- holds 10 columns of dumbbells
- 1100 lb capacity
- 39"L x 19"D x 33"H



studio rack

10-0581 studio rack 250.00

CanDo® vinyl-coated kettlebells

- for rehabilitation, strength training and muscle toning
- color-coded for easy weight identification
- coating reduces potential floor scratching



	weight (lb / kg)	diameter (inch / cm)	each	
yellow	5 / 2.3	8 / 20.3	10-3191	15.00
red	7.5 / 3.4	8 / 20.3	10-3192	20.00
green	10 / 4.5	9 / 22.9	10-3193	25.00
blue	15 / 6.8	9 / 22.9	10-3194	35.00
black	20 / 9.1	10 / 25.4	10-3195	45.00
silver	25 / 11.4	11 / 27.9	10-3196	55.00
gold	30 / 13.6	11 / 27.9	10-3197	65.00
yel red grn blu blk	set of 5 (5, 7.5, 10, 15, 20 lb)		10-3199	132.50

CanDo® kettlebell rack

- keeps kettlebells off the floor
- 2-tier sturdy construction supports 660 lb
- 47"L x 26"D x 32"H

10-3198 kettlebell rack 280.00

