

# GANDO®

## Products for Physical Fitness

### Flexible WaTE™ Balls



SKU	weight	diameter	color
10-3160	1.1 lb/0.5 kg	5 in/127 cm	tan
10-3161	2.2 lb/1.0 kg	5 in/127 cm	yellow
10-3162	3.3 lb/1.5 kg	5 in/127 cm	red
10-3163	4.4 lb/2.0 kg	5 in/127 cm	green
10-3164	5.5 lb/2.5 kg	5 in/127 cm	blue
10-3165	6.6 lb/3.0 kg	5 in/127 cm	black

- Color-coded weighted balls are small enough to grasp with one hand, yet big enough to hold with two hands.
- Balls increase in weight from 1.1 to 6.6 lbs while maintaining a constant 5" diameter.
- Use a pump (not included) to inflate ball to make harder/easier to grasp.



#### CAUTION

Exercise routines should be determined by your health care provider.



10-3160, 10-3161,  
10-3162, 10-3163,  
10-3164, 10-3165



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