

# GANDDO<sup>®</sup>



## Instability Balls

for

### MVP<sup>®</sup> Balance System

for balance training and ROM

and

### Multi-Axial Positioning System

for foot and ankle therapy and ROM



Screw instability ball into balance platform insets to create wobble or rocker board, or ROM exerciser.

**WARNING**

Exercise routines should be determined by your doctor, therapist, coach, or trainer.



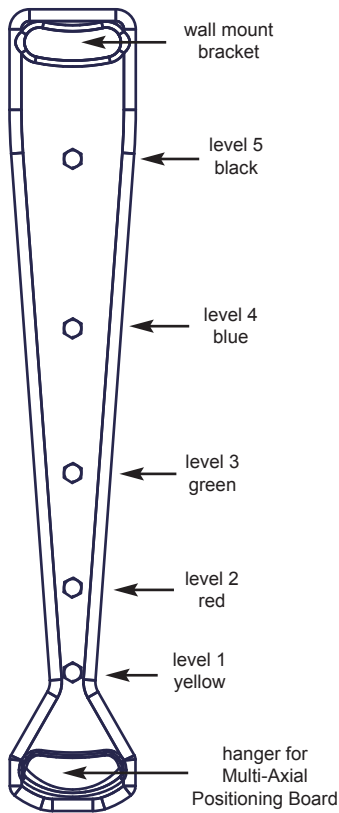
# MVP® 5 Ball Wall Rack

## 10-1740 5-ball rack

Attach hanger for Multi-Axial Positioning Board to Ball Rack using the provided screws, nuts, and washers.

Secure wall mount bracket to wall using mounting hardware. Hang 5-ball rack on wall mount bracket.

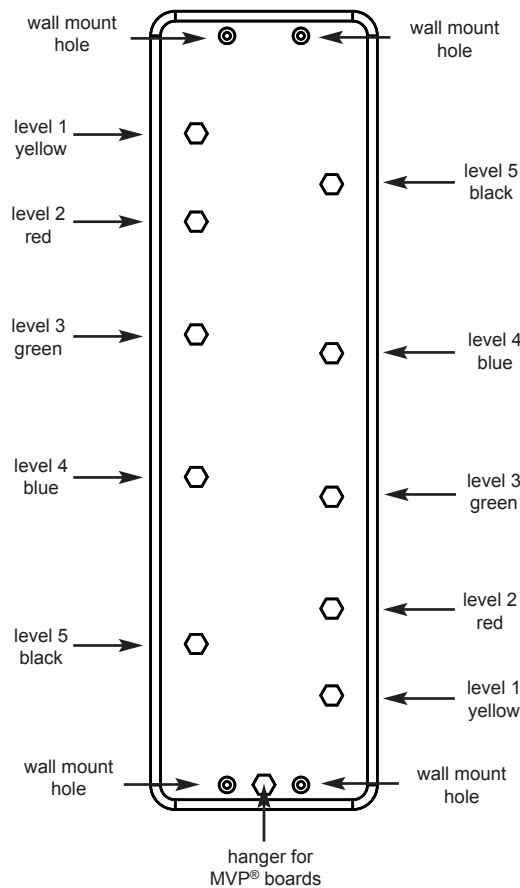
Remove 5-ball rack from wall mount bracket before inserting or removing instability balls from rack.



## 10-1744 10-ball rack

Secure 10-ball rack to wall using mounting hardware (not included). Rack should be secured through the 4 wall mount holes.

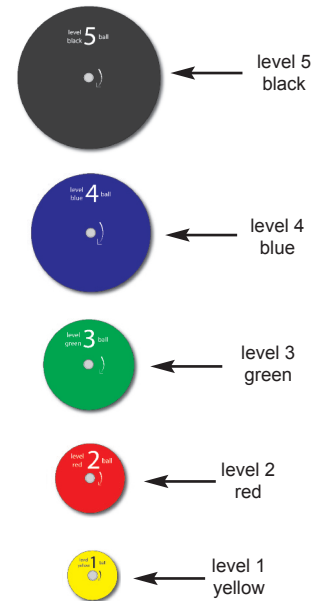
10-ball rack remains permanently mounted to wall. Insert and remove instability balls directly from wall mounted rack.



## instability balls

Instability balls, MVP® balance boards, and Multi-Axial Positioning Systems are sold separately.

Please contact your local supplier for more information.



## related items

### instability balls

- 10-1760 yellow level 1
- 10-1761 red level 2
- 10-1762 green level 3
- 10-1763 blue level 4
- 10-1764 black level 5

### platforms

- 10-1776 16" / 41 cm diameter
- 10-1786 20" / 51 cm diameter
- 10-1796 30" / 76 cm diameter
- 10-1756 15x18" / 38x46 cm

### Multi-Axial Platform System

- 10-1732 board only



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